



Why is our school teaching Sexual Health Education?

Sexual Health is a part of everyone's growth and development. Our school district recognizes the importance of giving young people accurate and unbiased information so that they can make the healthiest decisions possible in all aspects of their health, including if and when they choose to be intimate with someone else.

We are not here to promote any sexual activity and will make sure the students are well aware that abstinence is the only 100% way to prevent unintended pregnancies and any sexually transmitted infections (STI). Our curriculum aligns with Texas Education Knowledge and Skill established by the Texas Education Agency.

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What are you teaching our kids?

All of these lessons are age appropriate and focused on promoting healthy relationships. Many of the lessons focus on respecting a young person's decision to say no to any activities they do not feel comfortable with or ready for. Once again, abstinence is mentioned multiple times throughout each year's curriculum as the recommended method of prevention and safety for young people.

The lessons will also cover peer pressure, how to establish and respect people's physical and emotional boundaries, media messaging, consent, and STI and pregnancy prevention methods for those that do choose to be sexually active. Birth control and condoms are safety measures much like airbags and seat belts in a car; they don't mean our kids are being reckless, but they do reduce the risks of people getting hurt if they are driving (being sexually active) or in a car (relationship).

Below you will find an outline of the curriculum being taught at each grade level.

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Draw the Line / Respect the Line

6th Grade

- Draw the Line/Respect the Line
- Steps for Drawing the Line Pt. 1
- Steps for Drawing the Line Pt 2
- The Role Play Challenge
- Friends Respect the Line

8th Grade

HIV and Teens
Draw the Line Challenge
Difficult Moments
Sticking to Your Limit
Guest Speaker
Reduce Your Risk
Staying Safe

7th Grade

- Welcome
- Reasons for Not Having Sex
- Handling Risky Situations
- Drawing the Line in Situations That Could Lead to Sex
- STD Facts
- STD and Relationships
- Making a Commitment

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Big Decisions

9th Grade

Rules of the Game: Forming a Respectful Group

Goals and Dreams: My Future

Relationships and Romance: What is Healthy?

Anatomy and Reproduction: How it Works

Abstinence: Decisions to Wait

A Clear “No”: My Limits

Contraception: Pregnancy at a Good Time for you

Sexually Transmitted Infections, Including HIV/AIDS

Staying Healthy and On Track: Defending my Limits

Overcoming Challenges: Big Decisions

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If not us, then who?

We recognize that prevention education is the best method of teaching the students how to be safer in their relationships. Research has shown that a vast majority of youth have been exposed to pornography (defined as the depiction of erotic behavior (in pictures or writing) that is intended to cause sexual excitement in the viewer) before they reach high school. The more exposure to pornography young people get the more unhealthy attitudes towards sex they adopt. Imagine if we left drivers education to the internet and what young people saw in movies...

As educators, it is our social obligation to help students recognize the unhealthy messages they have seen and often hear from their peers. This helps the students reduce the likelihood of sexual violence, recognize the signs of dating violence, and reduce the likelihood of teen pregnancy and sexually transmitted infections.

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